THE GROUPED PARISHES OF ANNAHILT AND MAGHERAHAMLET

A CELEBRATION OF

THE HOLY COMMUNION

ON

SUNDAY 15 AUGUST 2021

PRESIDENT AND PREACHER:

THE RECTOR

THE REVD CANON ROBERT HOWARD

THE GREETING

The Rector greets the congregation with the following words:

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you all and also with you

Worship the Lord in the beauty of holiness: let the whole earth stand in awe of him' *Psalm 96:9*

HYMN CH 51

Awake, my soul, and with the sun thy daily stage of duty run; shake off dull sloth, and joyful rise, to pay thy morning sacrifice.

Redeem thy mis-spent time that's past, and live this day as if thy last; improve thy talent with due care; for the great day thyself prepare.

Let all thy converse be sincere, thy conscience as the noon-day clear; think how all-seeing God thy ways and all thy secret thoughts surveys. Wake, and lift up thyself, my heart, and with the angels bear thy part, who all night long unwearied sing high praise to the eternal King.

O Lord, direct, control, this day, all I design, or do, or say; that all my powers, with all their might, in thy sole glory may unite.

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost.

THE COLLECT FOR PURITY

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden; Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

PENITENCE

Hear what our Lord Jesus Christ says:
You shall love the Lord your God with all your heart
and with all your soul and with all your mind.
This is the first and great commandment.
And the second is like it.
You shall love your neighbour as yourself.
On these two commandments depend all the law and the prophets.

Matthew 22: 37-39

Lord, have mercy on us, and write these your laws in our hearts.

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life. Let us then confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace:

Silence

Almighty God, our heavenly Father, we have sinned in thought and word and deed, and in what we have left undone. We are truly sorry and we humbly repent. For the sake of your Son, Jesus Christ, have mercy on us and forgive us, that we may walk in newness of life to the glory of your name. Amen.

The Rector pronounces the Absolution:

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord. **Amen**.

GLORIA IN EXCELSIS (SUNG)

Glory to God in the highest, and peace to God's people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

THE COLLECT OF THE DAY

O God, you declare your almighty power most chiefly in showing mercy and pity; Mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ our Lord. **Amen.**

THE OLD TESTAMENT READING

The Old Testament Reading is from the 1st Book of Kings Chapter 2 beginning at verse 10

- 10 Then David slept with his ancestors, and was buried in the city of David. ¹¹The time that David reigned over Israel was forty years; he reigned for seven years in Hebron, and thirty-three years in Jerusalem. ¹²So Solomon sat on the throne of his father David; and his kingdom was firmly established.
- 3 Solomon loved the LORD, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. ⁴The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burntofferings on that altar. ⁵At Gibeon the LORD appeared to Solomon in a dream by night; and God said, 'Ask what I should give you.' And Solomon said, 'You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart towards vou; and vou have kept for him this great and steadfast love, and have given him a son to sit on his throne today. ⁷And now, O LORD my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. ⁸And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?'
- 10 It pleased the Lord that Solomon had asked this. ¹¹God said to him, 'Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, ¹²I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. ¹³I give you also what you have not asked, both riches and honour all your life; no other king shall compare with you. ¹⁴If you will walk in my ways, keeping my statutes and my

commandments, as your father David walked, then I will lengthen your life.'

This is the word of the Lord Thanks be to God.

PSALM 111

- 1 Alleluia.
- I will give thanks to the Lord with my whole heart, ♦ in the company of the faithful and in the congregation.
- 2 The works of the Lord are great, ♦ sought out by all who delight in them.
- 3 His work is full of majesty and honour ♦ and his righteousness endures for ever.
- 4 He appointed a memorial for his marvellous deeds; ◆ the Lord is gracious and full of compassion.
- 5 He gave food to those who feared him; ♦ he is ever mindful of his covenant.
- 6 He showed his people the power of his works ♦ in giving them the heritage of the nations.
- 7 The works of his hands are truth and justice; ◆ all his commandments are sure.
- 8 They stand fast for ever and ever; ◆ they are done in truth and equity.
- 9 He sent redemption to his people; he commanded his covenant for ever; ◆

holy and awesome is his name.

10 The fear of the Lord is the beginning of wisdom; a good understanding have those who live by it; ◆ his praise endures for ever.

Glory to the Father and to the Son and to the Holy Spirit; As it was in the beginning is now and shall be for ever. Amen.

THE EPISTLE

The Epistle is from the letter to the Ephesians Chapter 5 beginning at verse 15

15 Be careful then how you live, not as unwise people but as wise, ¹⁶making the most of the time, because the days are evil. ¹⁷So do not be foolish, but understand what the will of the Lord is. ¹⁸Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ¹⁹as you sing psalms and hymns and spiritual songs

among yourselves, singing and making melody to the Lord in your hearts, ²⁰giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

This is the word of the Lord

Thanks be to God

GRADUAL HYMN CH 92

How sweet the name of Jesus sounds in a believer's ear! it soothes our sorrows, heals our wounds, and drives away our fear.

It makes the wounded spirit whole, and calms the troubled breast; 'tis manna to the hungry soul, and to the weary rest.

Dear Name! the rock on which I build, my shield and hiding-place, my never-failing treasury, filled with boundless stores of grace.

Jesus, my saviour, shepherd, friend, my prophet, priest, and king, my lord, my life, my way, my end, accept the praise I bring.

Weak is the effort of my heart, and cold my warmest thought; but when I see thee as thou art, I'll praise thee as I ought.

Till then I would thy love proclaim with every fleeting breath; and may the music of thy Name refresh my soul in death.

THE GOSPEL READING

Hear the Gospel of our Saviour Christ according to Saint John Chapter 6 beginning at verse 51

All sing: Glory to you, Lord Jesus Christ

⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the

life of the world is my flesh.'

52 The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' ⁵³So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; ⁵⁵for my flesh is true food and my blood is true drink. ⁵⁶Those who eat my flesh and drink my blood abide in me, and I in them. ⁵⁷Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. ⁵⁸This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord All Sing: Praise to you, Lord Jesus Christ

THE SERMON

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten not made. of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven; was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven

and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Almighty God, our heavenly Father, you promised through your Son Jesus Christ to hear the prayers of those who ask in faith.

Lord of your people:

Cleanse the Church from all malice and dissension. Grant to your people the unity of purpose that will spread peace to others.

We pray this diocese and for David our Bishop. We pray for this Group of Parishes, also the Parish of Groomsport, and the Rector, the Revd Duncan Pollock. Give to those you have called to your service grace to be ministers of the bread of life.

As we are fed by word and sacrament, help us to seek your ways in all we do. Guide us and direct us in discerning an appropriate time to resume face-to-face activities in our parochial buildings and in making the necessary preparations.

Lord, in your mercy **Hear our prayer**

Lord of creation:

Look with compassion on the world where anger so often prevails over love, where false speech and inappropriate words destroy human fellowship.

Bless Elizabeth our Queen, the Prime Minister, Boris Johnson, the Secretary of State Brandon Lewis & the Government, the First Minister, Paul Givan, Deputy First Minister, Michelle O Neill & the

Executive; also President Michael D Higgins, the Taoiseach, Micheál Martin, Tánaiste, Leo Varadkar & the Government in the Republic.

May all know the peace that is in Christ through his death for the life of the world..

Lord, in your mercy

Hear our prayer

Lord of our relationships:

Bless us in our daily work and bless those who work with us. Use in your service the abilities of all who live and work in this community. Grant wisdom to those who are called to special responsibility particularly in the National Health Service.

In all our words, to families and friends, to neighbours and colleagues, help to speak gently and with understanding. Bring reconciliation wherever in this community fellowship has been broken.

Lord, in your mercy

Hear our prayer

Lord of all healing:

We pray for everyone affected by Covid-19 whether physically, emotionally or financially or those who over the pandemic have lost their jobs. Strengthen with hope those who think themselves of no worth. Give them light to understand their part in your purpose and grace to fulfil it.

Lord in your mercy

Hear our prayer

Lord of eternity:

We commend into your gracious keeping all who have died in faith. Grant them the fullness of your presence for which they lived constantly in hope

Accept our prayers through Jesus Christ our Lord who taught us to pray:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come,

thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation
but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever. Amen.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness but in your manifold and great mercies.

We are not worthy so much as to gather up the crumbs under your table.

But you are the same Lord, whose nature is always to have mercy.

Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood,

and that we may evermore dwell in him and he in us. Amen.

THE PEACE

The Rector introduces the Peace with these words:

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

followed by:

The peace of the Lord be always with you and also with you.

Hymn CH 425

Jesus, thou joy of loving hearts; thou fount of life, our lives sustain; from the best bliss that earth imparts we turn unfilled to thee again. Thy truth unchanged hath ever stood; thou savest those that on thee call; to them that seek thee, thou art good, to them that find thee, all in all.

We taste thee, O thou living bread, and long to feast upon thee still; we drink of thee, the fountain-head, and thirst our souls from thee to fill.

Our restless spirits yearn for thee, where'er our changeful lot is cast; glad when thy gracious smile we see, blessed when our faith can hold thee fast.

O Jesus, ever with us stay, make all our moments calm and bright; chase the dark night of sin away, shed o'er the world thy holy light.

CELEBRATING AT THE LORD'S TABLE

THE TAKING OF THE BREAD AND WINE

The Rector takes the bread and wine and may say

Christ our passover has been sacrificed for us therefore let us celebrate the feast.

THE GREAT THANKSGIVING

Kneel

The Lord is here. **His Spirit is with us.**

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Father, Lord of all creation, we praise you for your goodness and your love. When we turned away you did not reject us. You came to meet us in your Son,

welcomed us as your children and prepared a table where we might feast with you.

In Christ you shared our life that we might live in him and he in us.

He opened wide his arms upon the cross and, with love stronger than death, he made the perfect sacrifice for sin.

Lord Jesus Christ, our redeemer, on the night before you died you came to table with your friends.

Taking bread, you gave thanks, broke it and gave it to them saying,

Take, eat: this is my body which is given for you; do this in remembrance of me.

Lord Jesus, we bless you: you are the bread of life.

At the end of supper you took the cup of wine, gave thanks, and said, Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins; do this in remembrance of me.

Lord Jesus, we bless you: you are the true vine.

Praise to you, Lord Jesus Christ: dying, you destroyed our death, rising, you restored our life; Lord Jesus, come in glory.

Holy Spirit, giver of life, come upon us now; may this bread and wine be to us the body and blood of our Saviour Jesus Christ.

As we eat and drink these holy gifts make us, who know our need of grace, one in Christ, our risen Lord.

Father, Son, and Holy Spirit, Blessed Trinity: with your whole Church throughout the world

we offer you this sacrifice of thanks and praise and lift our voice to join the song of heaven, for ever praising you and singing:

Holy, holy, holy Lord, God of power and might, Holy, holy, holy Lord, God of power and might, Heaven and earth are full, full of your glory Hosanna in the highest, hosanna in the highest.

Thanks be to you, our God, for your gift beyond words.

Amen. Amen. Amen.

THE BREAKING OF THE BREAD

The President breaks the consecrated bread in preparation for the Communion

The bread which we break is a sharing in the body of Christ.

We being many are one body, for we all share in the one bread.

THE COMMUNION

The Rector says

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Remember that he died for you,

and feed on him in your hearts by faith with thanksgiving.

The Rector and one other person receive communion

The minister who gives the bread says

The body of Christ keep you in eternal life.

and the communicant replies: Amen.

THE GREAT SILENCE

When both have received communion, they keep silence for reflection.

GOING OUT AS GOD'S PEOPLE

Lord of all mercy, we your faithful people have celebrated the memorial of that single sacrifice which takes away our sins and brings pardon and peace. By our communion keep us firm on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. Amen.

All say

Almighty God, we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies o be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. (All sing) Amen.

HYMN CH 376

Ye holy angels bright, who wait at God's right hand, or through the realms of light fly at your Lord's command, assist our song, or else the theme too high doth seem for mortal tongue. Ye blessèd souls at rest, who ran this earthly race, and now, from sin released, behold your Saviour's face, his praises sound, as in his sight with sweet delight ye do abound.

Ye saints, who toil below, adore your heavenly King, and onward as ye go some joyful anthem sing; take what he gives and praise him still, through good and ill, who ever lives!

My soul, bear thou thy part, triumph in God above, and with a well-tuned heart sing thou the songs of love! Let all thy days till life shall end, whate'er he send, be filled with praise.

DISMISSAL

Go in peace to love and serve the Lord In the name of Christ. Amen.

Notices