THE GROUPED PARISHES OF ANNAHUT AND MAGHERAHAMLET



A CELEBRATION OF THE HOLY COMMUNION

ON THE FIRST SUNDAY IN LENT

6 MARCH 2022

PRESIDENT AND PREACHER:
THE RECTOR
THE REVD CANON ROBERT HOWARD

THE GREETING

The Rector greets the congregation with the following words:

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you all

and also with you

'The sacrifice acceptable to God is a broken spirit; a broken and contrite heart, O God, you will not despise.' *Psalm 51:17*

HYMN CH 207

Forty days and forty nights thou wast fasting in the wild; forty days and forty nights tempted, and yet undefiled.

Sunbeams scorching all the day, chilly dew-drops nightly shed; prowling beasts about thy way; stones thy pillow, earth thy bed.

Let us thy endurance share, and from earthly joys abstain, with thee watching unto prayer, with thee strong to suffer pain.

And if Satan, vexing sore, flesh or spirit should assail, thou, his vanquisher before, grant we may not faint nor fail.

So shall we have peace divine; holier gladness ours shall be; round us too shall angels shine, such as ministered to thee.

Keep, O keep us, Saviour dear, ever constant by thy side; that with thee we may appear at the __eternal Eastertide.

THE COLLECT FOR PURITY

Almighty God, to whom all hearts are open,

all desires known, and from whom no secrets are hidden; Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

PENITENCE

THE TEN COMMANDMENTS

Hear these commandments which God has given to his people, and take them to heart:

I AM THE LORD YOUR GOD: YOU SHALL HAVE NO OTHER GODS BUT ME.

You shall love the Lord your God with all your heart, with all your soul, and with all your mind and with all your strength.

Matthew 22: 37

YOU SHALL NOT MAKE FOR YOURSELF ANY IDOL.

God is Spirit, and those who worship him must worship in spirit and in truth.

John 4:14

YOU SHALL NOT DISHONOUR THE NAME OF THE LORD YOUR GOD.

You shall worship him with reverence and awe. Hebrews 12:28

REMEMBER THE LORD'S DAY, AND KEEP IT HOLY.

Christ is risen from the dead: set your mind on things that are above, not on things that are on the earth.

Colossians 3:1,2

Lord, have mercy on us, and write these your laws in our hearts.

HONOUR YOUR FATHER AND YOUR MOTHER.

Live as servants of God, honour all people, love your brothers and sisters in Christ.

1 Peter 2:16

YOU SHALL NOT COMMIT MURDER.

Be reconciled to your brother and sister: overcome evil with good.

Matthew 5: 24. Romans 13: 21

YOU SHALL NOT COMMIT ADULTERY.

Know that your body is a temple of the Holy Spirit. *1 Corinthians 6:19* YOU SHALL NOT STEAL.

Be honest in all that you do and care for those in need.

Ephesians 4: 28

YOU SHALL NOT BE A FALSE WITNESS.

Let everyone speak the truth.

Ephesians 4:25

YOU SHALL NOT COVET ANYTHING WHICH BELONGS TO YOUR NEIGHBOUR.

Remember the words of the Lord Jesus: It is more blessed to give than to receive. Love your neighbour as yourself, for love is the fulfilling of the law.

Acts 20:35, Romans 13: 9-10

Lord, have mercy on us, and write all these your laws in our hearts.

LENTEN PENITENTIAL KYRIES

In the wilderness we find your grace: you love us with an everlasting love. Lord, have mercy.

Lord, have mercy

There is none but you to uphold our cause: our sin cries out and our guilt is great.
Christ, have mercy

Christ, have mercy.

Heal us, O Lord, and we shall be healed: restore us and we shall know your joy. Lord, have mercy.

Lord, have mercy.

THE COLLECTS OF THE DAY

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: Give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we you're your power to save; through Jesus Christ our Lord. **Amen.**

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness, through Jesus Christ our Lord. Amen.

Proclaiming and Receiving the Word

The Old Testament Reading is from the book Deuteronomy Chapter 26 beginning at verse 1

26When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, ²you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. ³You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.'

¹⁰So now I bring the first of the fruit of the ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God. ¹¹Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

This is the word of the Lord **Thanks be to God**

PSALM 91 (SAID)

- 1 Whoever dwells in the shelter of the Most High ◆ and abides under the shadow of the Almighty,
- 2 Shall say to the Lord, 'My refuge and my stronghold, ♦ my God, in whom I put my trust.'
- 9 Because you have made the Lord your refuge ♦ and the Most High your stronghold,
- 10 There shall no evil happen to you, ♦ neither shall any plague come near your tent.

11 For he shall give his angels charge over you, ♦ to keep you in all your ways.

12 They shall bear you in their hands, ♦ lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; •

the young lion and the serpent you shall trample underfoot.

14 Because they have set their love upon me, therefore will I deliver them; ◆

I will lift them up, because they know my name.

15 They will call upon me and I will answer them; ♦

I am with them in trouble,

I will deliver them and bring them to honour.

16 With long life will I satisfy them ♦ and show them my salvation.

Glory to the Father and to the Son and to the Holy Spirit: **As it was in the beginning is now and shall be forever. Amen**

The Epistle is from the letter of Saint Paul to the Romans Chapter 10 beginning at verse 8

⁸But what does it say?

'The word is near you,

on your lips and in your heart'

(that is, the word of faith that we proclaim); ⁹because*- if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. ¹¹The scripture says, 'No one who believes in him will be put to shame.' ¹²For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³For, 'Everyone who calls on the name of the Lord shall be saved.'

This is the word of the Lord **Thanks be to God**

GRADUAL HYMN T&P 78

Jesus, tempted in the desert, lonely, hungry, filled with dread: 'Use your power', the tempter tells him: 'turn these barren rocks to bread!' 'Not alone by bread he answers, 'can the human heart be filled. Only by the Word that calls us

is our deepest hunger stilled!'

Jesus, tempted at the temple, high above its ancient wall: 'Throw yourself from lofty turret; angels wait to break your fall!' Jesus shuns such empty marvels, feats that fickle crowds request: 'God, whose grace protects, preserves us, we must never vainly test.'

Jesus tempted on the mountain by the lure of vast domain; 'Fall before me! By your servant! Glory, fame, you're sure to gain!' Jesus sees the dazzling vision, turns his eyes another way: 'God alone deserves our homage! God alone will I obey!'

When we face temptation's power, lonely, struggling, filled with dread, Christ who knew the tempter's hour, come and be our living bread. By your grace, protect, preserve us lest we fall, your trust betrays. Yours, above all other voices, be the Word we hear, obey.

Hear the Gospel of our Saviour Christ according to Saint Luke Chapter 4 beginning at verse 1

All sing: Glory to you Lord Jesus Christ

4Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, ²where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. ³The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' ⁴Jesus answered him, 'It is written, "One does not live by bread alone."

5 Then the devil* led him up and showed him in an instant all the kingdoms of the world. ⁶And the devil* said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. ⁷If you, then, will worship me, it will all be yours.' ⁸Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."'

9 Then the devil* took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, ¹⁰ for it is written,

"He will command his angels concerning you,

to protect you",

11and

"On their hands they will bear you up,

so that you will not dash your foot against a stone." '

¹²Jesus answered him, 'It is said, "Do not put the Lord your God to the test." ' ¹³When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord All sing: Praise to you Lord Jesus Christ

THE SERMON

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Almighty God, our heavenly Father, you promised through your Son Jesus Christ to hear the prayers of those who ask in faith.

Lord of your people:

The wilderness is a lonely and frightening place. It's more comfortable for us in your church to huddle together supporting each other than to go into the desert of secular life. As you have given the message of hope and comfort to your people in all ages, inspire the Church with zeal to proclaim the gospel of Christ.

We pray this diocese and for David our Bishop. We pray for this Group of Parishes.

God of silent places, give us the courage to risk the loneliness of the worldly desert, that your church may grow strong through its recovery of its wilderness experience as the various coronavirus pandemic restrictions are gradually eased.

Lord, in your mercy **Hear our prayer**

Lord of creation:

We pray for a world that is shocked and bewildered as it grapples with a hostile and relentless invasion by Russia of its neighbouring country Ukraine. We pray for a ceasefire and that continued diplomatic activity may see light beginning to emerge at the end of a perilous and increasingly deadly tunnel.

Bless Elizabeth our Queen, the Prime Minister, Boris Johnson, the Secretary of State for Northern Ireland, Brandon Lewis & the Government, the Ministers and Assembly members; also President Michael D Higgins, the Taoiseach, Michael Martin, Tánaiste, Leo Varadkar & Government in

the Republic. Give all in positions of responsibility your wisdom in making decisions that affect the lives and futures of others especially in Ukraine and its world wide diaspora..

May we live in the Spirit of Christ for one another and for our world.

Lord, in your mercy

Hear our prayer

Lord of our relationships:

During this present conflict Ukrainians who have lived in families fear the pain of separation as they leave their homeland and become refugees, Others who have previously settled elsewhere are increasingly anxious about loved ones who remain behind in the country. The families of Ukrainian soldiers and Russian Army conscripts fighting the war grow fearful for their welfare. All-seeing God, we are able to see only through a glass darkly, so that our visions contain only a grain of truth. Help us to accept our situations as Jesus accepted the wilderness, and to learn to love wherever we are.

Lord, in your mercy **Hear our prayer.**

Lord of all healing:

For some, life is like an eternal Lent, with no Easter at the end. Those who endure a progressive illness or feel an uncertain future in the midst of conflict find it hard to look forward to much resurrection in their health or circumstances. Yet you too knew suffering in the desert and on the cross, without any assurance that your trials would end in glory. And because you endured, we know that all our trials will end in glory, whatever form that glory might take. We pray for all whose lives are presently in a Lenten period especially all suffering from coronavirus or who have suffered injury on the battlefield or who have been bereaved. We pray for those known to us who are sick or are recovering from sickness. In hospital we continue to remember Dorothy Ervine.

Lord, in your mercy

Hear our prayer

We remember and give thanks for those who have fulfilled their work on earth and entered into rest. Grant them eternal life through the Cross that was borne for them. Accept our prayers through Jesus Christ our Lord, who taught us to pray:

Our Father, who art in heaven:
Hallowed be thy Name,
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation
but deliver us from evil.
For thine is the kingdom, the power, and the glory
for ever and ever. Amen.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness but in your manifold and great mercies.

We are not worthy so much as to gather up the crumbs under your table.

But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him and he in us. Amen.

THE PEACE

The Rector introduces the Peace with these words:

Being justified by faith, we have peace with God through our Lord Jesus Christ. *Romans 5:1, 2.*

followed by:

The peace of the Lord be always with you and also with you.

HYMN T&P 157

We pray thee, heavenly Father, To hear us in thy love, And pour upon thy children Thy blessing from above; That so in love abiding, From all defilement free, We may in pureness offer Our Eucharist to thee.

All that we have we offer, For it is all thine own, All gifts, by thine appointment, In bread and cup are shown; One thing alone we bring not, The wilfulness of sin, And all we bring is nothing Save that which is within.

Within the pure oblation, Beneath the outward sign, By that his operation, The Holy Ghost divine, Lies hid the sacred body, Lies hid the precious blood, Once slain, now ever glorious, Of Christ our Lord and God.

Wherefore, though all unworthy
To offer sacrifice,
We pray that this our duty
Be pleasing in thine eyes;
For praise, and thanks and worship,
For mercy and for aid,
The Church's great thanksgiving
For Jesus Christ is made.

Celebrating at the Lord's Table

THE TAKING OF THE BREAD AND WINE

The Rector takes the bread and wine and may say

Christ our passover has been sacrificed for us therefore let us celebrate the feast.

THE GREAT THANKSGIVING

The Lord is here. **His Spirit is with us.**

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Father, Lord of all creation, we praise you for your goodness and your love. When we turned away you did not reject us. You came to meet us in your Son, welcomed us as your children and prepared a table where we might feast with you.

In Christ you shared our life that we might live in him and he in us.

He opened wide his arms upon the cross and, with love stronger than death, he made the perfect sacrifice for sin.

Lord Jesus Christ, our redeemer, on the night before you died you came to table with your friends. Taking bread, you gave thanks, broke it and gave it to them saying, Take, eat: this is my body which is given for you; do this in remembrance of me.

Lord Jesus, we bless you: you are the bread of life.

At the end of supper you took the cup of wine, gave thanks, and said, Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins; do this in remembrance of me.

Lord Jesus, we bless you: you are the true vine.

Praise to you, Lord Jesus Christ: dying, you destroyed our death,

rising, you restored our life; Lord Jesus, come in glory.

Holy Spirit, giver of life, come upon us now; may this bread and wine be to us the body and blood of our Saviour Jesus Christ.

As we eat and drink these holy gifts make us, who know our need of grace, one in Christ, our risen Lord.

Father, Son, and Holy Spirit, Blessed Trinity: with your whole Church throughout the world we offer you this sacrifice of thanks and praise and lift our voice to join the song of heaven, for ever praising you and singing:

Holy, Holy, Holy Lord, God of power and might Holy, Holy, Holy Lord, God of power and might Heaven and earth are full, full of your glory. Hosanna in the highest, Hosanna in the highest.

Thanks be to you, our God, for your gift beyond words. **Amen. Amen.**

THE BREAKING OF THE BREAD

The Rector breaks the consecrated bread in preparation for the Communion

The bread which we break is a sharing in the body of Christ.

We being many are one body, for we all share in the one bread.

THE COMMUNION

The Rector says

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Remember that he died for you, and feed on him in your hearts by faith with thanksgiving.

The Rector and one other person receive communion

THE GREAT SILENCE

When both have received the communion, they keep silence for reflection.

Going Out as God's People

Lord God, you renew us with the living bread from heaven. Nourish our faith, increase our hope, strengthen our love, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. Amen.

All say

Almighty God, we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

BLESSING

Christ give you grace to grow in holiness, to deny yourselves, and take up your cross and follow him; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. (*All sing*) **Amen**.

HYMN CH 599

'Take up thy cross', the Saviour said, 'if thou wouldst my disciple be; deny thyself, the world forsake, and humbly follow after me.'

Take up thy cross; let not its weight fill thy weak spirit with alarm: his strength shall bear thy spirit up, and brace thy heart, and nerve thine arm.

Take up thy cross, nor heed the shame, nor let thy foolish pride rebel: thy Lord for thee the cross endured, to save thy soul from death and hell.

Take up thy cross then in his strength, and calmly every danger brave; 'twill guide thee to a better home, and lead to victory o'er the grave.

Take up thy cross, and follow Christ, nor think till death to lay it down; for only they who bear the cross may hope to wear the glorious crown.

DISMISSAL

Go in peace to love and serve the Lord In the name of Christ. Amen.

Notices